

# Wearing the Forsus Appliance

Today a special spring appliance has been installed onto your braces as part of an overall treatment plan prescribed by Dr Shimanto Purkayastha.

The Forsus appliance is specifically designed to help move your teeth to the doctor's recommended positions. In some cases this may reduce the need for you to wear headgear or have extractions of permanent teeth.



The Forsus appliance is designed to withstand normal intraoral forces. Like all orthodontic appliances it can be damaged or broken, especially if appropriate care is not taken. Here are some easy tips to ensure that your experience wearing the Forsus appliance is as efficient and trouble-free as possible.

## Reminder Checklist

- ✓ The Forsus appliance will accommodate normal mouth opening for eating and speaking. It is recommended that you try not to open your mouth extremely wide while you are wearing your appliance, otherwise it may deform, separate or loosen a molar band, requiring a return visit to our practice.
- ✓ The appliance is designed to stay away from your teeth when you open or close your mouth. If for some reason it gets between your teeth, do not bite on it. Biting on the appliance may deform or break it or cause injury to the inside of your mouth. Call our practice if the problem occurs.
- ✓ As with any orthodontic appliance worn inside the mouth, some discomfort or irritation may occur. Call us if discomfort or irritation continues for more than 48 hours or if a sore develops in your mouth.
- ✓ Always be careful about what you eat. Avoid hard or sticky foods and be sure to reduce your food into smaller pieces. Brushing is always recommended after every meal. Take special care when brushing your teeth to avoid dislodging or separating the appliance.

**It's important to keep all your scheduled appointments to monitor progress.**