

# Distal Jet Emergencies

Distal Jet emergencies may occur occasionally. However, they are simple to manage.

COMMON EMERGENCY	MANAGEMENT
<b>Loose Distal Jet/Band</b>	Call us to make an emergency appointment.
<b>Pain after getting Distal Jet fitted</b>	It is normal to have discomfort for up to a week after getting the Distal Jet fitted. The discomfort is both normal and temporary. A soft diet will be more gentle on the teeth. Mild pain relief may also be effective.
<b>Discomfort while eating</b>	After getting the Distal Jet fitted, there may be some initial discomfort while eating. A small amount of orthodontic wax makes an excellent buffer between the plate and your mouth. We recommend a soft diet initially to while adjusting to the Distal Jet to make eating more comfortable.
<b>Mouth sores</b>	Some patients are susceptible to episodes of mouth sores. While the plate does not cause them, they may be precipitated by an irritation from the plate. Prompt relief may be achieved by applying a small amount of topical anaesthetic (such as Orabase, Difflam Ora-Gel) directly to the ulcerated surface using a cotton swab. Reapply as needed. Warm Saline rinses daily can also be helpful.
<b>Food caught in Distal Jet</b>	This is not an emergency, but can be a little uncomfortable or embarrassing. It is easily removed with an interdental brush (pikster).